

dharmavision

December 2016

YOUR AID
we deliver

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YourAid Ltd &
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Camperdown,
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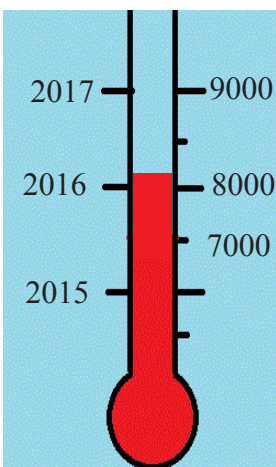
Pre schoolers. Catching them young, already smart by the time they get to primary.



Volunteers and donors brought new equipment to your 3 clinics. Soon they will get a brand new X Ray machine. Thanks Steve Cohn for your kindness.



She missed government education. Your 10 Non-formal classes teach Khmer and maths for 264 kids.



**We have
built 8103 tanks
by the end of
October 2016.**



**Every day your
English and Computer
class graduates get
jobs or scholarships.**

**Samnang got a
scholarship to study in
Thailand.**

Address : 90, Church Street, Camperdown NSW 2050.
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www.youraid.org.au

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Events @ Library

Teens Yoga and Meditation Workshop

Date: Saturday 3 December 2016
Time: 2 - 4 PM

This workshop is an introduction to the practice of yoga and meditation, for Teens between 12 – 18 years old, held by our regular Buddhist Library yoga teacher Giles Barton.

Parents most welcome to join!

Limited to 15 participants

Please register online.

End of year Open Group Loving-kindness Meditation and Lunch - Open to General Public

Event Speaker - Kate Deakin

Date: Sunday 4 December 2016
Time: 12 - 3.30 PM

Come and join us for a group loving kindness meditation (metta circle) at the Buddhist Library and end of year social lunch. We will be listening to recorded guided loving kindness meditations together.

Everyone is very welcome, including people who have never attended before.

Please register online

Buddhism – How it spread, infiltrated different cultures and it's adaption

Event Speaker - Terry Redmond

Date: Tuesday 6 December 2016
Time: 7 - 9 PM)

Join us in a two week course with Terry Redmond to discover:

How Buddhism spread over time...including the people and factors which helped it with special reference to the Silk Road? The Silk Road was an avenue for ideas and over the two evenings, we will begin to explore our own "Silk Road" through meaningful discussion!

How did Buddhism infiltrate different cultures? Terry will also open up the mechanism of Buddhism success across periods of time and many countries.

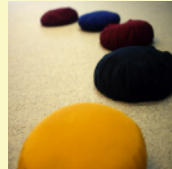
Please register online

Services Provided by Buddhist Library

We provide a number of services for the benefit of the Buddhist community in Australia. The library has over 7000 Buddhist books range from introductory material to scholarly texts in all main schools of Buddhism and related subjects.

Free books on Buddhism and meditation are also available. Please visit our web site.

We have a hall available for hire at reasonable rates.



Meditation Stools and cushions are available for sale.

Meditation Cushions : \$ 80/\$70

Mediation Stools : Folding \$90, Fixed legs \$75

Regular Programmes at the Buddhist Library

Tuesday Night Buddhism / Meditation Course 7 - 9PM

Wednesday Evening Meditation Class - Lotus Buds Group
7.30PM - 9.30 PM

Thursday Weekly lunchtime Meditation with Kumari Delgoda
- 12.15 - 1PM

Thursday Power Yoga and Meditation with Giles Barton 6.30 - 7.30PM

Saturday Gentle Yoga and Meditation with Giles Barton 10AM - 11.45 AM

Saturday Practical Buddhism Discussion with Jim Teoh
First Saturday of the month - 5 - 7 PM

Sunday Wake up Mindfulness Meditation
Every 1st and 3rd Sunday of the month - 5 - 7PM

Library Opening Hours

Monday	12.30 - 5.00PM
Tuesday	12.30 - 7.00 PM (Library has extended hours of borrowing and browsing before the Tuesday night class)
Wednesday	12.30 - 5.00PM
Thursday	12.30 - 5.00PM
Friday	12.30 - 5.00PM

Address : 90, Church Street, Camperdown
NSW 2050

Phone: 02 9519 6054

Website: www.buddhistlibrary.org.au

Enq & Bookings : info@buddhistlibrary.org.au